

Dear Fellow Enthusiasts,

Bridgend MGOC – Vales and Valleys **10th Anniversary Run-**  
20<sup>th</sup> June 2010

The purpose of this letter is to provide you with details of Bridgend MGOC's 10<sup>th</sup> Anniversary Run. We're keeping a special 'welcome in the hillside' for friends old and new, so we hope you are able to join us.

This year's run will be held on Sunday 20<sup>th</sup> June 2010 the route will start at Sandville Court, Kenfig, near Porthcawl, South Wales CF33 4PU, and finish at Swansea Bay Golf Club, Jersey Marine, Neath SA10 6JP located approximately one mile west of Junction 42 on the M4.

This year's run will be approximately 90 miles in length and will take in the spectacular scenery of the coast, mountains and valleys of South Wales.

For those returning again this year, we trust you all enjoyed last year's Vale and Valleys Run and I can advise that, as a result of the day's fun and fellowship, the Bridgend MGOC was able to make a generous donation to Sandville Self Help Centre, a local, charitable, respite care home. On behalf of Chris and I, as well as the other members of Bridgend MGOC, can I thank you for your support last year and hope you can join us in the fun again this year.

We hope you can join us on the 20<sup>th</sup> June and hope that the weather is kind to us yet again.

Can I ask you please to circulate this letter amongst your Club Members and let us know of any changes in contact details.

For further information on this year's run please phone Rob Litton on 01656 662379 or e-mail [litton@sky.com](mailto:litton@sky.com) or call Chris on 01656 744304

Bridgend MGOC members were well travelled in 2009 so let us have your club details for 2010 so we can plan our activities.

Look forward to seeing you in June.

Chris and Rob  
Run Organisers  
BRIDGEND MGOC